

TRAIL SYSTEM OVERVIEW

All trails open at 7:00 a.m.
All trails close at **SUNSET**.
Overnight camping on the trails is not allowed.
Campfires, motorized vehicles and horses are prohibited.
Dogs must be kept on a leash at all times.
No swimming is allowed except at the marked beach area.

RIDGE TRAIL

A short walking path on the ridge east of the campground and day-use area. This trail is restricted to foot traffic only. It can be accessed from 3 different points: (1) Across from the beach playground, (2) At the # 4 Picnic Pavilion, (3) and at the North Trailhead. **USE CAUTION.** There are several steep and eroded sections.

MULTI-USE TRAIL SYSTEM

This trail system is comprised of six connecting segments: Lakeside Trail, Tashka Trail, Five Oaks Loop, Tornado Loop, Storm Loop, and Lightning Loop. The connected trails loop around Lake Lurleen into the undeveloped west side of the park. Trail users must take into account the minimum length of the entire loop is 11 miles plus 1.3 miles of roadway connecting the trailheads (this mileage does not include any of the loops that split off of the main Tashka Trail). Shortcuts to trailheads or paved roads do not exist. Once on Tashka Trail, you are in a wilderness environment. The entire trail is rated Intermediate, in accordance with International Mountain Biking Association (IMBA) guidelines. Access to the trail system is limited to the North or South Trailheads.

Lakeside Trail: This 2-mile trail (one-way) begins at the South Trailhead and ends at the Lake Lurleen Dam. There, it connects to the much longer Tashka Trail. Lakeside Trail is an excellent option for short hikes and as an introductory ride to novice mountain bikers. It follows the lake shoreline, providing continuous, beautiful scenery. Use caution. The trail is shared by hikers, bikers and bank fishermen.

Tashka Trail: This 9-mile segment begins where Lakeside Trail concludes, at the west end of Lake Lurleen Dam, next to the dam spillway. Use caution. Some sections are steeply graded, sandy, or covered with loose gravel. In addition, the 9 miles contain no shortcuts to either trailhead. Plan accordingly, as you will be in a wilderness environment. Due to the prevalence of tight turns, long climbs and descents, beginning mountain bikers will find sections of Tashka very challenging.

Five Oaks Loop Trail: This optional 3-mile loop splits off from Tashka Trail approximately 5.8 miles from the South Trailhead (calculated by a clockwise route). For ambitious users, Five Oaks extends the total distance of the connected trails to 15.3 miles. If approached from the North Trailhead (traveling counterclockwise), Five Oaks Loop splits off from Tashka 4.8 miles from the trail's start.

Tornado Loop Trail: This optional 2.3-mile loop splits off from Tashka Trail approximately 8.7 miles from the South Trailhead (traveling in a clockwise direction), and approximately 2.4 miles from the North Trailhead (traveling counterclockwise). This loop takes you through the path of Destruction left by tornados spawned by Hurricane Rita in 2005.

Storm Loop Trail: This optional 1.44 mile loop splits off from Tashka Trail approximately 8.8 miles from the South Trailhead (traveling clockwise), and approximately 2.2 miles from the North Trailhead (traveling counterclockwise). This loop's name was chosen for two reasons, one in honor of Mike Storm, the park manager who shared the vision of volunteer leader Michael Smith, and supported the efforts of all involved to bring reality to the vision; and the second reason matches the "weather theme" of the other loops.

Lightning Loop Trail: This optional .43 mile loop splits off from Tashka Trail approximately 9.2 miles from the South Trailhead (traveling clockwise), and approximately 1.8 miles from the North Trailhead (traveling counterclockwise). This is a fast and dazzling little loop to either pump you up for the long ride on the Tashka Trail, or give you a last hurrah before heading to the North Trailhead to end your ride.

Roadway: There is 1.3 miles of paved roadways that connect the South and North Trailheads.

Mountain bikers can find additional information on the following websites. The West Alabama Mountain Biking Association
<http://westalmtb.org> Druid City Bicycle Club: www.druidcity.org

The Multi-Use Trail System was built and is maintained by volunteers in sponsorship with the West Alabama Mountain Biking Association, Druid City Bicycle Club, and Lake Lurleen State Park.



Emergencies: Park Office (205) 339-1558 or Dial 911
After 9:00 PM: Park Ranger (205) 339-8772
Park Manager (205) 330-9059