

TOUR DE TUSCALOOSA presented by



March 28-29, 2009

\$10,000 Purse

(Overall Race Cash Purse; Does not include primes)



The City of Tuscaloosa Criterium (Saturday, March 28, 2009):

NEW CRIT COURSE & RACE TIMES!

- **Course:** 1.2 mile lap in a figure 8 with 6 left turns and 2 right turns.
- **Directions:** Posted on www.velocityprocycle.com along with a race map.
- **Race Details:** You cannot warm up on the course until you have registered and signed a USCF waiver! The Race Bible is posted online at www.velocityprocycle.com. The categories will race in the following order with associated distance/time and start times:

| Start Time | Category | Time & Distance | Places | Prizes | Field Limit |
|------------|-------------------------------------|------------------|--------|-------------------------------|-------------|
| 2:00 pm | Men's Open Cat 5 | 25 mins + 3 laps | 5 | Medals & Merchandise | 50 |
| 2:45 pm | All Juniors 10-14* | 20 mins total | 3 | Medals & Merchandise | 50 |
| 3:15 pm | All Juniors 15-18* | 25 mins total | 3 | Medals & Merchandise | 50 |
| 3:55 pm | Men's Cat 5 35+ | 25 mins total | 5 | Medals & Merchandise | 50 |
| 4:30 pm | Masters 35+ / 45+ (Cat 4 or higher) | 30 mins + 3 laps | 8 | \$800 (\$100/3 bonus for 45+) | 100 |
| 5:20 pm | Women Cat 1/2/3 & Cat 4 | 25 mins + 3 laps | 8 & 5 | \$1100 & \$500 | 100 |
| 6:05 pm | Men's Cat 4 | 30 mins + 3 laps | 5 | \$500 | 100 |
| 7:00 pm | Men's Cat 3 | 35 mins + 3 laps | 8 | \$900 | 100 |
| 8:00 pm | Men's Pro/1/2 | 45 mins + 3 laps | 8 | \$1100 | 100 |

The Lake Lurleen Road Race (Sunday, March 29, 2009):

- **Course:** Same course as 2008, which will be staged from Lake Lurleen State Park. There is a \$3 entry fee per person into Lake Lurleen Park, which is the staging area for the road race. The course is approximately a 10 mile loop with rolling hills and good pavement.
- **Directions:** Posted on www.velocityprocycle.com along with a race map.
- **Race Details:** You cannot warm up on the course until you have registered and signed a USCF waiver! The Race Bible is posted online at www.velocityprocycle.com. The categories will race in the following order with associated distance/time and start times:

| Start Time | Category | Laps/Distance | Places | Prizes | Field Limit |
|------------|---------------------------|---------------|--------|-------------------------------|-------------|
| 8:30 am | Men's Pro/1/2 | 7 / 70 miles | 8 | \$1100 | 100 |
| 8:35 am | Men's Cat 5 / Cat 5 35+ | 3 / 30 miles | 5 | Medals & Merchandise | 50 |
| 8:40 am | Women's Cat 1/2/3 & Cat 4 | 4 / 40 miles | 8 & 5 | \$1100 & \$500 | 100 |
| 8:45 am | All Jrs /15-16/ 17-18* | 3 / 30 miles | 3 | Medals & Merchandise | 50 |
| 8:47 am | All Jrs 13-14* | 2 / 20 miles | 3 | Medals & Merchandise | 50 |
| 8:49 am | All Jrs 10-12* | 1 / 10 miles | 3 | Medals & Merchandise | 50 |
| 12:00 pm | Men's Masters 35+/45+ | 5 / 50 miles | 8 | \$800 (\$100/3 bonus for 45+) | 100 |
| 12:05 pm | Men's Cat 4 | 4 / 40 miles | 5 | \$500 | 100 |
| 12:10 pm | Men's Cat 3 | 5 / 50 miles | 8 | \$900 | 100 |

*All juniors will be scored by appropriate age division and gender classification as outlined by the Lance Armstrong Junior Olympic Race Series (LAJORS) guidelines.

The Tour de Tuscaloosa is an Alabama Cycling Association Points Series Race.

Contact Info:

Gina Simpson, Race Director
 VeloCity Pro Cycle
 (205)344-5971

ginas@velocityprocycle.com
www.velocityprocycle.com

ENTRY FEES

| Race | Date Paid | Entry Fee |
|---|------------------|-----------|
| criterium & Road Race | Prior to 3/24/09 | \$60* |
| criterium & Road Race | After 3/24/09 | \$70* |
| criterium OR Road Race (per race fee) | Prior to 3/24/09 | \$30* |
| criterium OR Road Race (per race fee) | After 3/24/09 | \$35* |
| All Juniors (per Jr event; Jrs pay regular price for category races) | Not applicable | \$10* |

*** There is a \$4 per day fee for USAC & ACA fees in addition to entry fees.**
*** There is a \$3 PER PERSON (not car!) entry fee for Lake Lurleen State Park.**
USA Cycling One Day Licenses will be available for \$10 per day.

REGISTRATION

First 250 to register receive t-shirts and goody bags!

Register online at www.velocityprocycle.com. (Online registration closes at 12 midnight on March 24, 2008), OR pre-register by sending a standard USCF release and check payable to VeloCity Pro Cycle to: VeloCity Pro Cycle, 2318 4th Street, Tuscaloosa, AL 35401.

Early package pick-up will be on Saturday, March 28th beginning at 10 am at VeloCity Pro Cycle, 2318 4th Street, Tuscaloosa, AL 35401.

You may register at Velocity Pro Cycle beginning at 10 am on Saturday, March 28th. Late charges will apply. Day-of-race registration for the criterium begins at 10:00 am and closes 30 minutes prior to each race. Day-of-race registration for the road race begins at 7:30 am and closes 30 minutes prior to each race. Late charges will apply.

COURSE MAPS AND DIRECTIONS

The Tour de Tuscaloosa Race Bible is available online at www.velocityprocycle.com. All course maps & directions are provided as well.

GENERAL INFORMATION

Race results will be posted at www.velocityprocycle.com. All USCF rules will be in effect. All racers are required to wear an approved helmet at all times while on the bicycle. No one is allowed to warm up on the race course until he/she is registered and has signed a USCF waiver. Center-line warning is in effect for the road race. All races will be held rain or shine. The promoters reserve the right to adjust start times, distances, fields, and prize lists. Wheels in, wheels out. USCP permit has been applied for.

Professional event timing services will be provided by John & Barbara Rigby of Knoxville, TN.

SPECIAL THANKS TO ALL OUR SPONSORS FOR THEIR GENEROUS SUPPORT!



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